

When Measurement Conventions Masquerade as Calibration Gains in Cardiac Digital Twins

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Abstract. Cardiac digital twins convert clinical images into physiological measurements through observation operators, yet calibration studies often assume a fixed reference convention. Across four shared-backbone echocardiographic EF front-ends, phase conditioning appears to remove CAMUS baseline bias. Matched-reference analysis rejects this gain: single-plane ground-truth EF error is statistically indistinguishable across models, while single-plane ground-truth EF exceeds CAMUS biplane clinical EF by +6.30 points, explaining nearly all baseline bias. A prespecified EchoNet-Dynamic replication, with released data and our extractor aligned to the apical four-chamber plane, removes baseline overestimation and reverses the CAMUS ranking. We also quantify haemodynamic effects, conformal residual-width budgets, and EF-stratum changes, yielding a Convention-Aware EF Audit protocol that separates genuine observation operator calibration from measurement artefacts. GitHub: Ejection-Fraction-Bias-in-Cardiac-Digital-Twin.git

Keywords: Cardiac digital twin · Ejection fraction calibration · Echocardiographic segmentation · Observation operator · Cross-dataset validation · Conformal prediction

1 Introduction

Cardiac digital twins integrate patient-specific data with mechanistic and statistical models [4,11,13]; recent pipelines use imaging and electrocardiography to personalise anatomy and physiology [3,15]. We call this image-to-measurement mapping the *observation operator* $\mathcal{H}_{\text{op}}$. Though often treated as preprocessing, systematic error in $\mathcal{H}_{\text{op}}$ biases downstream state updates regardless of model quality.

For LV function, $\mathcal{H}_{\text{op}}$ typically segments echocardiograms before extracting volumes and EF. CAMUS [9] and EchoNet-Dynamic [12] advanced LV segmentation, commonly evaluated by Dice [9,12,20]. However, Dice is geometric; high

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overlap can still bias EDV, ESV, or their ratio and thereby the physiological innovation supplied to a twin.

We audit echo-based EF calibration using four front-ends sharing a U-Net [16]: frame-wise B1; adjacent-frame-smoothed B2; P1, combining FiLM [14] with a phase head motivated by echocardiographic phase characterisation [5]; and P2, adding cross-patient cyclic consistency and Mean-Teacher-style EMA averaging [18]. Rather than proposing an architecture or closed-loop twin, we isolate whether front-end design genuinely improves EF calibration.

Reference convention is the key challenge. CAMUS reports biplane EF from apical four- and two-chamber views [9], but our extractor uses one four-chamber plane. EchoNet-Dynamic provides four-chamber videos, clinical EF/volume labels, and expert ED/ES LV tracings [12]. CAMUS is therefore plane-mismatched; EchoNet is plane-aligned but may still differ in ED/ES selection, contours, pre-processing, and calculation. A genuine gain should survive removal of the dominant plane mismatch.

We contribute: (1) an EF observation-operator audit; (2) evidence that CAMUS phase gains reflect a measured single-plane–biplane gap; (3) a negative plane-aligned EchoNet replication; and (4) quantified twin-state, residual-width, and EF-stratum consequences within a Convention-Aware EF Audit protocol.

2 Methodology

2.1 EF as an observation operator

The operator maps an apical four-chamber clip to EF. Each phase volume uses a single-plane method-of-disks approximation adapted from standard chamber quantification [8]:

$$V = \sum_{i=1}^N \frac{\pi}{4} d_i^2 \frac{L}{N}, \quad \widehat{\text{EF}} = \frac{\widehat{\text{EDV}} - \widehat{\text{ESV}}}{\widehat{\text{EDV}}} \times 100, \quad (1)$$

where L is LV long-axis length and d_i the i -th disk diameter; both datasets use this extractor.

In a Kalman formulation [7], EF is measurement y and $\hat{y} = \mathcal{H}_{\text{op}}(\mathbf{x}^-)$ its prediction from prior state $\mathbf{x}^-$. Bias $\tilde{y} = y + b$ shifts the innovation by b and therefore the posterior; a zero-mean observation model cannot represent structured convention mismatch.

CAMUS provides biplane clinical EF [9], whereas EchoNet provides four-chamber videos, clinical EF/volume labels, and expert ED/ES tracings [12]. Our extractor is plane-mismatched on CAMUS and plane-aligned, but not process-matched, on EchoNet. Pixel spacing cancels in the EF ratio; its absence in EchoNet affects neither EF nor this audit, but prevents patient-specific absolute-volume propagation.

2.2 Front-ends and metrics

All front-ends share the U-Net backbone, optimiser, augmentation, and early stopping. **B1** is frame-wise; **B2** adds symmetric-KL adjacent-frame smoothing; **P1** combines FiLM [14] with a normalised phase head [5]; and **P2** adds phase-matched cross-patient cyclic consistency and Mean-Teacher-style EMA [18]. AdamW [10] used $\text{lr} = 10^{-4}$, batch size 4, and 600/400 CAMUS/EchoNet epochs. P1/P2 require two non-streaming passes; B2 streams.

We report **EF MAE_{gt}** against ground-truth-mask EF from the same extractor, isolating segmentation error; **EF MAE_{clin}** against clinical EF, including convention mismatch; and **EF MAE_{auto}** using ED/ES frames selected by maximum/minimum predicted LV volume.

Before EchoNet aggregation, we specified four checks: a genuine CAMUS effect should preserve baseline positive bias, phase-related bias reduction, comparable segmentation, and extractor-matched EF advantage.

3 Experiments and Results

3.1 Evaluation protocol

For CAMUS [9], we evaluate on our held-out validation subset of $n = 50$ patients drawn from the 450 released training cases; clinical EF uses the apical four- and two-chamber views. For EchoNet-Dynamic [12], we use the official test split of 1,288 studies and exclude one study with internally inconsistent clinical volume labels ($\text{ESV} > \text{EDV}$), yielding $n = 1,287$. This exclusion was specified before model evaluation. All clips are resampled to 32 frames at 256×256 and z -score normalised. We use paired Wilcoxon tests, bootstrap 95% confidence intervals, Cohen’s d_z , and Holm correction.

3.2 CAMUS: apparent calibration gain with two warning signs

CAMUS initially suggests that phase conditioning improves EF calibration: despite similar LV Dice, B1/B2 overestimate clinical EF, whereas P1/P2 move bias toward zero (Table 1). Evaluated only against clinical EF, this looks like a model-level gain. Two checks reject that interpretation.

Matched-reference EF error does not improve. When EF is computed from the same single-plane ground-truth masks used by our extractor, EF MAE_{gt} is statistically indistinguishable across front-ends. The ranking also changes: P1, competitive against clinical EF, has the largest extractor-matched error and most negative bias.

The apparent gain is seed-unstable and Dice-insensitive. Baselines are seed-consistent, whereas phase-conditioned models vary more. P1 shows that similar Dice need not imply calibrated EF: small phase-dependent contour shifts at ED/ES can coherently alter volumes and be amplified by the EF ratio. This is a plausible mechanism, not component attribution; FiLM, cyclic consistency, and EMA remain entangled.

3.3 The CAMUS effect is explained by a convention offset

We measured the convention gap by applying our single-plane EF extractor to CAMUS ground-truth masks and comparing the resulting EF with biplane clinical EF.¹ Table 2 confirms the confound: the measured single-plane–biplane gap closely matches the baseline clinical bias. After subtracting this convention component, B1’s residual segmentation bias has a confidence interval including zero. Thus the baseline is not substantially miscalibrated once both measurements use the same convention.

Table 1. CAMUS ($n = 50$). EF metrics are three-seed mean $\pm$ std; Dice is the seed mean. Phase gain appears only against biplane clinical EF; matched single-plane GT errors are flat.

Model	Dice	MAE _{gt}	Bias _{gt}	MAE _{clin}	MAE _{auto}	Bias _{clin}
B1	0.936	8.47 $\pm$ 0.81	-1.37 $\pm$ 0.58	11.39 $\pm$ 0.28	13.15 $\pm$ 0.62	+4.83 $\pm$ 0.53
B2	0.934	8.08$\pm$0.93	-1.91 $\pm$ 1.09	10.56 $\pm$ 0.91	11.05 $\pm$ 1.25	+4.61 $\pm$ 1.61
P1	0.925	10.62 $\pm$ 0.48	-7.56 $\pm$ 1.82	9.97 $\pm$ 0.35	9.68 $\pm$ 0.86	-0.56 $\pm$ 2.26
P2	0.932	8.94 $\pm$ 1.26	-6.27 $\pm$ 0.81	9.24$\pm$1.41	9.16$\pm$0.23	+0.37$\pm$1.31

The gap is not constant. Figure 1(d) shows a slope below one between single-plane and biplane EF, indicating a proportional discrepancy. A constant correction removes mean bias but leaves structured residual error, especially in high-EF patients.

Table 2. CAMUS convention-offset analysis ($n = 49$). The measured single-plane–biplane gap explains nearly all B1 clinical bias. [†]Post-hoc OLS; not a validated correction.

Quantity	Estimate	Uncertainty
Single-plane GT – biplane clinical	+6.30 EF pts	95% CI [+3.69, +8.91]
Observed B1 clinical EF bias	+4.83 $\pm$ 0.53 EF pts	seed std
Convention component	+6.30 EF pts	95% CI [+3.69, +8.91]
Residual segmentation component	-1.47 EF pts	95% CI [-4.08, +1.14]
Post-hoc OLS slope [†]	0.613	95% CI [0.47, 0.76]
Post-hoc OLS intercept [†]	+13.34 EF pts	–

3.4 Plane-aligned replication on EchoNet-Dynamic

EchoNet-Dynamic tests the convention-confound hypothesis because labels and extractor are single-plane aligned, although their full measurement processes

¹ One CAMUS patient was excluded because the ground-truth mask produced zero end-systolic volume; this exclusion was specified before estimating the convention offset.

need not be identical. If the CAMUS result were a genuine model effect, baselines should remain positively biased and phase-conditioned models should reduce that bias. Table 3 shows the opposite: baseline bias changes sign, the CAMUS ranking does not replicate, and B2 is numerically strongest. This reversal is expected when the dominant plane mismatch is removed.

Deployment risk of phase-conditioned inference. Segmentation remains comparable, but P1/P2 produce invalid EF when $\widehat{ESV} \geq \widehat{EDV}$, consistent with ED/ES sensitivity in two-pass conditioning. This implementation-level result does not show that phase conditioning is generally harmful. A safety gate can flag failures; B2 remains the strongest audited deployable option, with streaming inference, no invalid EF, and the best plane-aligned EchoNet EF MAE_{clin} .

3.5 Downstream implications for cardiac digital twins

Haemodynamic propagation. We estimate downstream EF-bias effects using a simplified single-ventricle lumped calculation. With fixed reference EDV, $\Delta SV = (\Delta EF/100) EDV_{ref}$ and $\Delta CO = \Delta SV HR_{ref}/1000$, with $HR_{ref} = 72$ bpm. End-systolic elastance error uses a simplified pressure–volume relationship motivated by Suga and Sagawa [17]. This is order-of-magnitude propagation, not a patient-specific closed-loop simulation; Figure 2 summarises the errors.

Conformal observation-error budgets. We express EF residuals as split-conformal prediction intervals [19,1]. We interpret their empirical half-widths as observation-error budgets for comparing the evaluated measurement pipelines, not as direct estimates of a Kalman observation covariance. Under convention-confounded evaluation, the calibration residuals contain segmentation error and structured reference mismatch; under plane-aligned evaluation, they contain segmentation error, frame-selection error, and remaining measurement-process differences. The intervals aggregate these sources rather than identifying them separately (Table 5).

Table 3. EchoNet-Dynamic ($n = 1,287$ held-out after one prespecified exclusion). Under plane-aligned evaluation, the CAMUS phase-conditioning advantage disappears. Continuous metrics are mean $\pm$ std over three seeds. Invalid EF counts $\widehat{ESV} \geq \widehat{EDV}$ as a separate deployment failure.

Model	Seeds	Invalid EF	Dice	MAE_{gt}	MAE_{clin}	$Bias_{clin}$
B1	3	0	0.925 ± 0.000	6.37 ± 0.11	6.02 ± 0.14	-1.72 ± 0.47
B2	3	0	0.924 ± 0.000	6.29 ± 0.09	5.92 ± 0.04	-1.41 ± 0.12
P1	3	10–20	0.918 ± 0.004	8.54 ± 0.50	8.55 ± 0.70	-5.97 ± 1.00
P2	3	8–11	0.922 ± 0.001	6.61 ± 0.21	6.33 ± 0.28	-2.72 ± 0.86

EF-stratum assignment. Using the LVEF cut points employed in the 2022 AHA/ACC/HFSA classification— $\leq 40\%$, 41–49%, and $\geq 50\%$ [6]—we measure disagreement between EF strata. These strata are used only for sensitivity analysis and must not be interpreted as heart-failure diagnoses. Uncorrected CAMUS

Table 4. EchoNet replication decision specified before aggregation. Plane-aligned replication fails the checks expected under a genuine phase-conditioning calibration effect.

Criterion	Expected if CAMUS gain is genuine	Observed on EchoNet	Verdict
Baseline positive bias persists	B1/B2 remain positively biased	B1/B2 biases are negative	Fail
Phase models reduce baseline bias	P1/P2 move bias closer to zero	P1/P2 do not improve bias over B2	Fail
Segmentation remains comparable	Dice does not collapse	Dice remains comparable across front-ends	Pass
Extractor-matched EF advantage persists	Phase models improve MAE_{gt}	B2 has lowest MAE_{gt}	Fail

convention mismatch causes frequent EF-stratum disagreement (Table 6). P2 has the best apparent CAMUS calibration, but its disagreement rate overlaps B1 within uncertainty, so the apparent gain is not deployment-grade evidence.

4 Convention-Aware EF Audit Protocol

The results motivate a five-step Convention-Aware EF Audit (CAEA) protocol for EF observation operators. The purpose is simple: prevent a model from receiving credit for calibration gains caused by the measurement-reference pair.

1. **Compute EF MAE_{gt} under the extractor convention.** Apply the deployed EF extractor to ground-truth masks. If MAE_{gt} is flat while MAE_{clin} varies, treat the apparent clinical-reference gain as suspicious.
2. **Characterise the convention offset.** Estimate $\hat{\delta}$ between GT EF under the extractor convention and clinical EF. Offsets comparable to claimed model gains are practically relevant. Check residual trends because a constant correction may remove mean bias but leave structured error.
3. **Check seed consistency.** Run independent seeds when feasible. A clinical EF advantage with large cross-seed variation is unstable, especially for phase-conditioned models where phase-estimation shifts can change ED/ES volumes.
4. **Add a deployment safety gate.** Flag $\widehat{\text{ESV}} \geq \widehat{\text{EDV}}$ as an internally inconsistent estimate. Separately flag $\widehat{\text{EF}} < 5\%$ as a study-specific extreme-value quality-control threshold rather than a physiologically impossible value. Both conditions should trigger review before the estimate enters a downstream twin.
5. **Replicate under an aligned reference.** Treat gains as genuine only if they persist after aligning the measurement plane and auditing residual differences in frame selection, contours, preprocessing, and calculation.

CAEA is architecture-independent in design; validation on direct EF regressors, video models, stronger backbones, and hybrid pipelines remains required.

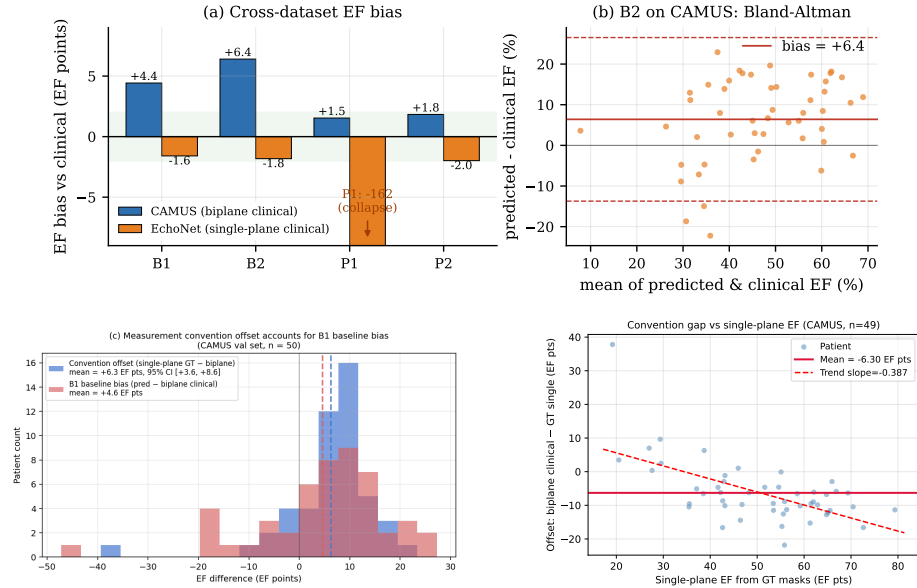


Fig. 1. Cross-dataset EF calibration audit. (a) CAMUS baselines overestimate clinical EF while phase-conditioned models appear near zero; plane-aligned EchoNet evaluation removes this pattern. Shaded band: ± 2 EF pts. (b) B2 Bland–Altman on CAMUS [2]. (c) CAMUS convention offset ($n = 49$): single-plane GT EF exceeds biplane clinical EF by +6.30 points. (d) OLS mapping; slope < 1 indicates a proportional gap.

5 Discussion

Main lesson. Phase conditioning appeared to improve CAMUS EF calibration despite similar Dice, but the gain disappeared after plane alignment. Because EF and ventricular-volume estimates depend on imaging and measurement conventions [21], calibration should be assessed for the full model–extractor–reference pair, using extractor-matched EF, convention auditing, seed consistency, and external replication.

Clinical and digital-twin implications. Differences between single-plane and recommended biplane quantification are well recognised [8,21]; here, they create a benchmark artefact that favours phase-conditioned models without improving extractor-matched EF. The audit separates convention bias from model error and quantifies downstream effects. Among the evaluated front-ends, B2 is most deployable: it supports streaming, produces no invalid EF estimates, and achieves the best plane-aligned EchoNet EF MAE_{clin} .

Limitations. The audit covers two datasets, one EF extractor, and four shared-backbone U-Net front-ends; broader datasets and direct or video-based regressors remain untested. CAMUS includes only 49–50 patients, so EF-stratum and conformal analyses are exploratory. EchoNet aligns the imaging plane but not

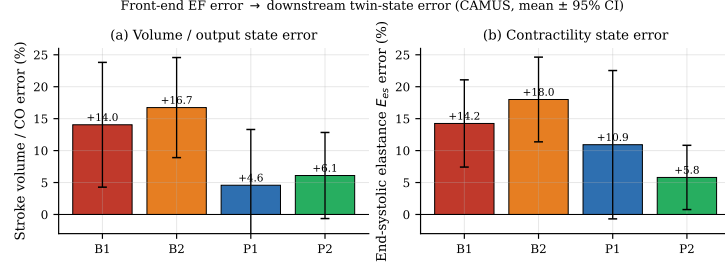


Fig. 2. Downstream twin-state errors under CAMUS biplane-reference conditions (mean $\pm$ 95% CI), using Section 3.5. Under plane-aligned EchoNet conditions, SV and CO errors fall to about 3–4%, so much of the penalty is recoverable after removing the convention gap.

necessarily ED/ES selection, contours, preprocessing, or calculation, and CMR validation is still needed. P2 entangles FiLM, cyclic consistency, and EMA, preventing general conclusions about phase conditioning. Haemodynamic propagation assumes fixed volumes and heart rate rather than a patient-specific closed-loop twin.

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Table 5. Split-conformal EF observation-error budgets. Half-width in EF points. The squared-width index is $W_{\text{rel}} = (h/h_{\text{EchoNet},B2})^2$; it is a comparative scale index, not a direct estimate of Kalman observation covariance. CAMUS uses a 50/50 calibration/evaluation split of our 50-patient validation subset, so its intervals are exploratory.

Dataset / reference	Model	90% half-width	Coverage	W_{rel}
CAMUS clinical, biplane-mismatched	B1	23.46	96.0%	2.89
CAMUS clinical, biplane-mismatched	P2	16.96	100.0%	1.51
EchoNet clinical, plane-aligned	B2	13.80	92.4%	1.00

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Table 6. EF-stratum disagreement under CAMUS convention mismatch ($n = 50$). Strata use guideline LVEF cut points for sensitivity analysis and must not be interpreted as standalone heart-failure diagnoses.

Model	Different stratum / n	Rate	95% CI
B1	27/50	54%	39–68%
P2	22/50	44%	30–59%

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