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# IarCAC: Instance-aware Representation for Coronary Artery Calcification Segmentation in Cardiac CT angiography

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Abstract. Coronary Artery Calcification (CAC) is a robust indicator of coronary artery disease and a critical determinant of percutaneous coronary intervention outcomes. Our method is inspired by a clinical observation that CAC typically manifests as a sparse distribution of multiple instances. Existing methods focusing solely on spatial correlation overlook the sparse spatial distribution of semantic connections in CAC tasks. Motivated by this, we introduce a novel instance-aware representation method for CAC segmentation, termed IarCAC, which explicitly leverages the sparse connectivity pattern among instances to enhance the model's instance discrimination capability. The proposed IarCAC first develops an InstanceViT module, which assesses the connection strength between each pair of tokens, enabling the model to learn instance-specific attention patterns. Subsequently, an instance-aware guided module is introduced to learn sparse high-resolution representations over instancedependent regions in the Fourier domain. To evaluate the effectiveness of the proposed method, we conducted experiments on two challenging CAC datasets and achieved state-of-the-art performance across all datasets. The code is available at https://github.com/WeiliJiang/IarCAC.

**Keywords:** Coronary Artery Calcification Segmentation · InstanceViT · Instance-aware Guided.

# 1 Introduction

Cardiovascular disease (CVD) is one of the leading causes of mortality worldwide [11]. Coronary artery calcification (CAC) has been identified as a significant independent predictor of cardiovascular events [14]. Therefore, accurate segmentation of CAC holds significant importance for the prediction of CVD.

Clinically, CAC is quantified through coronary artery calcium scoring computed tomography (CSCT). Previous studies have introduced many traditional methods in CSCT for CAC segmentation, such as Nearest Neighbors [9], Support

Vector Machines [24], Random Decision Trees [20], and [23,1] focus on coronary artery segmentation and then combine coronary artery information and voxel intensity values to identify CAC. However, studies [16] have demonstrated the potential use of cardiac CT angiography (CCTA) for CAC quantification, and Using CCTA for CAC analysis has the potential to reduce the radiation dose associated with cardiac CT exams by approximately 40-50% [22]. Traditional methods cannot be applied in CCTA, as they classify potential CAC lesions extracted using a clinical 130 HU threshold. In CCTA, it is non-trivial to distinguish between CAC and attenuated lumen, and the application of a predefined single detection threshold to extract potential CAC lesions is not feasible. Instead, with the advent of deep learning models and the innovative design of network architectures, these techniques segment lesions by identifying CAC voxels. These voxel classification methods primarily revolve around two categories: Convolutional Neural Networks (CNNs) [19,25] and Transformers [21]. Specifically, CNNs encompass architectures like Unet [19,15] and its derivatives, including the 3D pyramid pooling network [28], ResNet-3D [7], spatial-temporal encoder-decoder [13], and nnUnet [8]. On the other hand, Transformers employ the global self-attention mechanism to yield variants like U-Transformer [17], Swin Transformer [6], and nnFormer [27].

While the aforementioned methods have shown promising results, they still face limitations, making CAC segmentation a challenging task due to its variable sizes and shapes, low contrast, and high noise characteristics. On the one hand, CNN-based approaches [19,13,7] struggle with capturing long-range dependencies due to their limited local receptive fields, thus compromising segmentation accuracy. On the other hand, methods that combine CNNs and Transformers [17,6,27] aim to address this issue but still face representational limitations and increased noise tokens due to the fixed attention pattern of full self-attention computation. Given the sparse spatial distribution of CAC within the image, it raises the question: Is it necessary to represent all content for effective CAC segmentation?

During segmentation, redundant image tokens, especially those containing only background information, often fail to contribute meaningful contextual data. Therefore, concentrating solely on instance-related regions is sufficient for precise estimation. Drawing from this insight, we introduce IarCAC, an Instance aware **R**epresentation framework designed for CAC segmentation. This method harmoniously integrates CNNs and Transformers. Our approach is guided by two principles: (1) Establishing instance-aware sparse patterns. Unlike conventional self-attention patterns, these sparse patterns encourage tokens to utilize their limited non-zero attention budget more effectively. In semantic-focused attention heads, tokens carrying similar semantic content should exhibit higher connectivity scores, regardless of spatial proximity. (2) Developing an instanceaware guided matching module. Operating in the Fourier domain, this module discriminates which low- and high-frequency information around instances should be retained for precise segmentation outcomes.

Overall, the following are the contributions of this work:

• We propose an instanceViT to capture the variable distribution of semantic information within instances in the input image content.

• We introduce an instance-aware guided module for learning sparse highresolution representations over instance-dependent regions.

• Extensive experiments are performed on two CAC datasets, resulting in new state-of-the-art performances consistently.



Fig. 1. The overall structure of IarCAC.

# 2 Methods

The overall architecture of IarCAC is depicted in Fig. 1, mainly comprising encoders, instance-aware learning, and decoders. In this section, we will present our framework stage-by-stage and give a detailed introduction to each module.

**Encoder and Decoder.** The encoder of IarCAC comprises four encoding modules, with each module containing two series of "convolution-normalizationactivation" blocks. A MaxPooling layer is employed between the modules for downsampling the feature maps and enlarging the receptive field. The decoder, likewise, consists of four decoder modules, with each module incorporating two series of "convolution-normalization-activation" blocks and an upsampling layer. This upsampling layer elevates the resolution of the input channels by utilizing

bilinear interpolation. Furthermore, inspired by U-Net [19], we introduce symmetric skip connections between corresponding feature pyramids of the encoder and decoder, facilitating the recovery of fine-grained details in the predictions.

Instance-aware learning. Instance-aware learning encompasses two distinct stages. Initially, an instanceViT is formulated to dynamically assess the interplay between image regions and instances, generating preliminary estimates of instances. Subsequently, an instance-aware guided module is employed to assess the necessity for refining these preliminary estimates. To bolster instance-specific dependencies, we introduce a global-instance interaction module. This module integrates instance-specific features with global features through concatenation, followed by a block consisting of two  $3 \times 3$  convolutional layers, batch normalization, ReLU, and a sigmoid layer.

#### 2.1 InstanceViT

Our method is based on the existing ViT architecture and a simple implementation of Multi-Head Self-Attention (MHSA). Since the standard ViT [21] relies on all tokens for computing global self-attention, it is not conducive to CAC segmentation as it may lead to undesirable interactions between unrelated features, introducing noise. To address these limitations, we leverage the sparse distribution of instances within the image space and develop InstanceViT as a feature extraction component. Formally, given the input features at (l - 1)-th block  $X_{l-1}$ , the encoding process of InstanceViT can be defined as follows:

$$\begin{cases} X'_{l} = X_{l-1} + \text{IASA}\left(\text{LN}\left(X_{l-1}\right)\right) \\ X_{l} = X'_{l} + \text{FFN}\left(\text{LN}\left(X'_{l}\right)\right) \end{cases}, \tag{1}$$

where LN denotes the layer normalization;  $X'_l$  and  $X_l$  denote the outputs from instance-aware sparse attention (IASA) and feed-forward network (FFN). The FFN applies a fully connected network to each position in the sequence, adding non-linearity and enhancing the model's ability to capture complex patterns.

IASA generates connectivity attention scores as  $A(Q, K) = \frac{QK^{\mathrm{T}}}{\sqrt{d}}$ , where the query matrix is  $Q = X_i^l K^Q$  and the key matrix is  $K = X_i^l W^K$ , the projection matrices  $W^Q$  and  $W^K$  are learnable parameters projecting the input feature  $x^l$  at layer l. To implement IASA with limited connections, we utilize a sparse attention masking operation denoted as  $\mathcal{M}(\cdot)$  on the attention score matrix A, selecting the top-k contributing elements. Specifically, we identify the k-th largest element in each row of A and record the positions (i, j) in the location matrix, where k is a user-defined hyper-parameter. Assuming the k-th threshold value in the i-th row is  $t_i$ , the position (i, j) is recorded if the value of the j-th component surpasses  $t_i$ . Concatenating the thresholds of each row forms a vector  $t = [t_1, t_2, \cdots, t_{l_Q}]$ . The sparse connectivity mask function  $\mathcal{M}(\cdot, \cdot)$  is derived as follows:

$$\mathcal{M}(A,k)_{ij} = \begin{cases} A_{ij}, \text{ if } A_{ij} \ge t_i(k\text{-th largest value of row } i) \\ 0, \text{ if } A_{ij} < t_i(k\text{-th largest value of row } i) \end{cases}.$$
 (2)

This dynamic instance-aware sparse tokens selection from *dense* to *instance*, as demonstrated by:

InstanceAtt = softmax(
$$\mathcal{M}(A, K)$$
)V. (3)

## 2.2 Instance-aware Guided Module

Based on the spectral convolution theorem in Fourier theory, it is noted that pointwise updates in the Fourier domain possess the capability to globally influence all input features, as discussed in prior research by [3]. This observation underscores how spectral learning facilitates the capture of instance-based global interactions across all frequencies [18]. Motivated by this insight, we delve into the exploration of instance-aware guided interactions within the Fourier domain, departing from previous endeavors primarily centered on spatial domain interactions [2,5]. The architecture of the Instance-aware Guided Module is presented in Fig. 1, with detailed explanations of each step provided below.

The instance-aware interaction dynamically identifies the frequency information pertinent to the instance region, allowing another ViT to assess the necessity of refining the initial estimations. Specifically, the spatial features of the instanceViT, denoted as  $F_{ins}$ , are transformed into the Fourier domain. As proved in [18], multiplying the spectrum with global weights can effectively exchange spatial information. Adhering to this approach, we learn interaction weights  $\mathcal{K}_{ins}$ from the instanceViT branch to modulate the representation of ViT. To generate these interaction weights, we adopt a simple block of resnet and a sigmoid layer. Following the computational efficiency practices outlined in [18], we calculate the weights solely using the real part of the complex spectrum. Subsequently, we leverage the interaction weights  $\mathcal{K}ins$  to guide  $F_{ViT}$  in Fourier domain. The  $\mathcal{K}ins$  is obtained by a series of two  $1 \times 1$  convolution layers, BN and GELU. Then, the Inverse Fast Fourier Transform (IFFT) ( $\mathcal{F}^{-1}$ ) converts the guided features back into the spatial domain  $\tilde{F}_{ViT}$  and combines with  $F_{ViT}$  to form a residual path:

$$\dot{F}_{ViT} = \mathcal{F}^{-1} \left[ \mathcal{K}_{ins} \left( \mathcal{F} \left( F_{ins} \right) \right) \odot \mathcal{F} \left( F_{ViT} \right) \right] \oplus F_{ViT}.$$

$$\tag{4}$$

#### 2.3 Loss Function

To accomplish the segmentation task, we employ a complimentary combination of the widely utilized soft dice loss and cross-entropy loss. This integrated approach allows us to harness the strengths of both loss functions. It is defined as:

$$\mathcal{L}(Y,P) = 1 - \sum_{i=1}^{I} \left( \frac{2\sum_{v=1}^{V} Y_{v,i} \cdot P_{v,i}}{\sum_{v=1}^{V} Y_{v,i}^2 + \sum_{v=1}^{V} P_{v,i}^2} + \sum_{v=1}^{V} Y_{v,i} \log P_{v,i} \right), \quad (5)$$

where I is the number of classes; V is the number of voxels;  $Y_{v,i}$  and  $P_{v,i}$  denote the ground truths and output probabilities at voxel v for class i, respectively.

# 3 Experiments

### 3.1 Datasets and Data-processing

To verify the efficacy of our model, we select the two CAC datasets. Both datasets were independently and anonymously annotated by cardiologists and radiologists using 3D Slicer software. Dice between each annotation and its union measured the annotator's preference. Inconsistencies were rechecked. For training and evaluation purposes, the dataset is divided into two subsets. Specifically, 80% of the images are allocated for training, while 20% of the images are set aside for testing.

**CAC-CTA dataset.** The Chinese top-grade hospital collected the CTA data of 150 patients [10]. The dataset contains 802 individual instances, averaging  $5.36 \pm 4.92$  instances per sample.

ImageCAS-CAC dataset. The dataset includes the first 150 patients from the ImageCAS dataset [26]. The dataset contains 831 individual instances, averaging 5.54±8.22 instances per sample.

**Data-processing of CAC dataset.** The CTA images are interpolated to the same thickness (i.e., 0.5mm). Furthermore, we used a threshold range from -224HU to 600HU for coarse-segment the lung, then used the seed-filling algorithm to fine-segment the lung. Subtracting the lung from the original image can eliminate noise to better segment CAC.

**Table 1.**Quantitative comparison on CAC-CTA and ImageCAS-CAC datasets. Thebest results are boldfaced, and the second-best results are underlined.

Dataset	method	IF1	IS	IP	DSC	SDSC
	Unet [4]	$0.689{\pm}0.10$	$0.741 \pm 0.16$	$0.692{\pm}0.16$	$0.689 {\pm} 0.10$	$0.535 {\pm} 0.11$
	U-Transformer [17]	$0.632 {\pm} 0.11$	$0.654 \pm 0.20$	$0.703 {\pm} 0.19$	$0.661 {\pm} 0.15$	$0.489 {\pm} 0.16$
CAC-CTA	SwinUNTER [6]	$0.687 {\pm} 0.11$	$0.703 {\pm} 0.17$	$0.702 {\pm} 0.16$	$0.676 {\pm} 0.11$	$0.522 {\pm} 0.12$
	nnFormer [27]	$0.643{\pm}0.18$	$0.735 {\pm} 0.17$	$0.653 {\pm} 0.20$	$0.656 {\pm} 0.16$	$0.497 {\pm} 0.17$
	nnUnet [8]	$0.700 \pm 0.09$	$0.744 {\pm} 0.17$	$0.706 {\pm} 0.14$	$0.691 \pm 0.09$	$0.548 {\pm} 0.11$
	IarCAC(Our)	$0.713 {\pm} 0.11$	$0.731 {\pm} 0.16$	$0.723 {\pm} 0.13$	$0.723{\pm}0.11$	$0.584{\pm}0.09$
-	Unet [4]	$0.783 {\pm} 0.11$	$0.677 {\pm} 0.12$	$0.769 {\pm} 0.11$	$0.673 {\pm} 0.12$	$0.548 {\pm} 0.15$
	U-Transformer [17]	$0.796 {\pm} 0.15$	$0.623 {\pm} 0.13$	$0.806 {\pm} 0.17$	$0.681 {\pm} 0.18$	$0.549 {\pm} 0.13$
ImamaCASCAC	SwinUNTER [6]	$0.806 \pm 0.13$	$0.683 {\pm} 0.12$	$0.802 {\pm} 0.15$	$0.697 {\pm} 0.21$	$0.561 \pm 0.08$
ImageCAS-CAC	nnFormer [27]	$0.741{\pm}0.14$	$0.604{\pm}0.18$	$0.759 {\pm} 0.15$	$0.654{\pm}0.17$	$0.486 {\pm} 0.13$
	nnUnet [8]	$0.769 {\pm} 0.15$	$0.721 {\pm} 0.13$	$0.806 {\pm} 0.19$	$0.703 {\pm} 0.11$	$0.553 {\pm} 0.13$
	IarCAC(Ours)	$0.789 {\pm} 0.12$	$0.728 \pm 0.15$	$0.811 \pm 0.17$	$0.717 \pm 0.13$	$0.601{\pm}0.12$

#### 3.2 Implementation Details and Evaluation Metrics

• Implementation Details. The models were trained on an NVIDIA GeForce RTX 3090 with the Pytorch framework, employing the SGD optimizer. The initial learning rate was set to 0.001, with a weight decay of 2e-4. We utilized the ReduceLROnPlateau mechanism with a coefficient of 0.5, a patience and cooldown of 3, and a minimum learning rate of 1e-8. For data preprocessing, a

 $192 \times 192 \times 192$  patch was randomly cropped from each CCTA image, normalized, and fed into the neural network. During training, a batch size of 2 was used, with 12 worker threads, and each experiment ran for 120 epochs.

• Evaluation Metric. To assess the overall volumetric performance, we employed the Dice Similarity Coefficient (DSC) and the Surface Dice Similarity Coefficient (SDSC). To further validate the evaluation metrics specifically for CAC, we adopted instance-wise detection metrics, namely Instance F1 (IF1), Instance Sensitivity (IS), and Instance Precision (IP), following the methodology of prior work [12]. In addition, the segmentation threshold is 0.5.



Fig. 2. Visual comparison of compared methods on CAC-CTA and ImageCAS-CAC datasets.

#### 3.3 Comparison with State-of-the-Art Methods

We first compare the proposed model with five state-of-the-art (SOTA) methods: Unet [4], U-Transformer [17], SwinUNTER [6], nnFormer [27], and nnUnet [8]. The evaluation results on the CAC-CTA and ImageCAS-CAC datasets are presented in Table 1. Compared to U-Transformer, SwinUNETR demonstrates significant performance gains through a multi-level feature fusion mechanism, which illustrates the effectiveness of feature fusion in the context of medical image segmentation. In addition, nnUnet stands out for its adaptability, offering flexible structural and hyper-parameter adjustments tailored to specific task requirements. However, for the task of CAC segmentation, the integration of clinical prior knowledge is crucial to enhance the instance detection capability. Our method exploits the sparse connection pattern of instances to enhance

the model's instance detection capabilities, and in contrast to these methods, our proposed model exhibits improvements in both global volumetric indicators (DSC, SDSC) and instance-level indicators (IF1, IS, IP).

Fig. 2 presents a visual comparison of segmentation results obtained by various methods. Our proposed approach stands out for its superior accuracy, producing smoother and sharper edges compared to other methods. Notably, the compared methods are prone to exhibit discrete mispredictions and missed the detection of finer details, particularly in the case of smaller objects.

Top-K	IF1	IS	IP	DSC	SDSC
4	$0.673 {\pm} 0.17$	$0.696 {\pm} 0.20$	$0.704{\pm}0.19$	$0.673 {\pm} 0.17$	$0.520 {\pm} 0.16$
8	$0.713 {\pm} 0.11$	$0.731 {\pm} 0.16$	$0.723 {\pm} 0.13$	$0.723 {\pm} 0.11$	$0.584{\pm}0.09$
12	$0.713 {\pm} 0.13$	$0.754{\pm}0.15$	$0.705 {\pm} 0.16$	$0.712 {\pm} 0.13$	$0.581{\pm}0.13$
16	$0.710 {\pm} 0.12$	$0.746 {\pm} 0.16$	$0.717 {\pm} 0.12$	$0.710 {\pm} 0.12$	$0.560 {\pm} 0.11$
20	$0.699 {\pm} 0.11$	$0.691 {\pm} 0.17$	$0.761 {\pm} 0.15$	$0.699 {\pm} 0.11$	$0.521{\pm}0.11$
24	$0.699{\pm}0.13$	$0.732{\pm}0.15$	$0.713 {\pm} 0.16$	$0.699{\pm}0.13$	$0.525 {\pm} 0.10$

**Table 2.**The impact of Hyper-parameter top-K in InstanceViT.

### 3.4 Ablation Study

• The impact of Hyper-parameter top-k. To investigate the influence of varying k within the InstanceViT, we conducted an ablation study. The range of top-k values considered spans from 4 to 24, as detailed in Table 2. Notably, when top-k is set to 8, the model demonstrates its peak segmentation performance.

 
 Table 3.
 Ablation study of our model on CAC-CTA dataset. InsViT denotes the InstanceViT module, and Guided denotes the instance-aware guided module.

Unet	InsViT	Guided	IF1	IS	IP	DSC	SDSC
$\checkmark$			$0.689 {\pm} 0.10$	$0.741 {\pm} 0.16$	$0.692{\pm}0.16$	$0.689 {\pm} 0.10$	$0.535 {\pm} 0.11$
$\checkmark$	$\checkmark$		$0.702 {\pm} 0.11$	$0.750 {\pm} 0.16$	$0.716 {\pm} 0.15$	$0.716 {\pm} 0.11$	$0.553 {\pm} 0.15$
$\checkmark$		$\checkmark$	$0.709 {\pm} 0.15$	$0.738 {\pm} 0.16$	$0.719 {\pm} 0.18$	$0.715 {\pm} 0.15$	$0.565 {\pm} 0.16$
$\checkmark$	$\checkmark$	$\checkmark$	$0.713 {\pm} 0.11$	$0.731 {\pm} 0.16$	$0.723 {\pm} 0.13$	$0.723{\pm}0.11$	$0.584{\pm}0.09$

• Effectiveness of Individual Components of the proposed IarCAC To evaluate the effectiveness of each component within the proposed model, we performed an ablation study on the CTA-CAC dataset. First, the Instance-ViT module was utilized to find instance-related tags. Then, the Instance-aware Guided matching module was employed to direct the global semantic information to high-resolution representation. Table 3 demonstrate that each component significantly impacts the overall performance, highlighting the importance of both the Instance-aware Guide modules.

## 4 Conclusion

In this paper, we introduce a novel model tailored for the CAC segmentation challenge. By acknowledging the sparsity of CAC in the image domain, we introduce the InstanceViT to assess the connectivity score between each pair of tokens, facilitating the learning of instance-specific attention patterns. Furthermore, we investigate instance-aware guided global semantic learning in the Fourier domain, leveraging spectral learning's ability to effectively direct frequencies towards capturing long-term interactions. Our proposed model exhibits impressive performance on two challenging CAC tasks. In summary, our method enables accurate and automated CAC identification and quantification within CCTA. This advancement may eliminate the need for a dedicated CSCT scans, traditionally acquired prior to CCTA, thereby reducing the radiation dose received by patients.

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